



With over 25 years of experience as an advocate and activist, I have a proven track record of fighting for the rights of all workers and especially for those in often precarious circumstances. At ISED, I am proud to say that I am the Co-Champion of the Diversity and Inclusion Working Group and I am committed to creating a more inclusive, equitable and safe workplace for all.

I have previously served as a strong voice for my Local as a Chief Shop Steward with my PSAC Local where I successfully processed and won many grievances, I am so proud of having made such a positive difference in my members' lives! Also at the PSAC, I was the Chair of the Ottawa Regional Women's Committee and a productive member of the Executive team of the National Capital Region. As one of the current Vice President's of my Local, we represent an average of 800 CAPE members where I also work to strengthen our efforts with the Local Leadership Council to achieve a strong and organized support effort as CAPE National strongly opposes the Return to Office mandate and co-leading communications efforts by serving as a member of the Steering Committee of the Solidarity Caucus.

All of these experiences have helped shaped me into the strong and powerful advocate that I am today. I am passionate about ensuring a fair fight for our members who are impacted by their employers' micro-managing, irrational and purely selfish decisions which are greatly affecting our members' mental health and job performance.

Further to my union experience, I am also a certified Joint Learning Program facilitator where I am able to educate and assist our members to understand their collective agreement and the labour management consultation process with an eye to enabling an educated and strong membership. We all know that knowledge is power!

I am a forward-thinking individual who is excited for the new CAPE culture while being dedicated to grassroots mobilization. I believe in our members who are our strength and allies while representing our union, our membership and our workforce of the future. To know me is knowing that I am a loyal, honest, dedicated, transparent and action-oriented team player. I am an invested and innovative thinker who is always looking for new ways to improve and make a positive impact. My promise to you is to always make your voice heard and to empower our membership while working alongside our strong leadership.